

Gerontology

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The case of the progress of the multiplication of the older immigrant population in the New York has outstripped the case of the born senior population. Their matter has led to the high population of the older people within the city as compared to the younger population which ranges from 10 years of age and below. This is the first instance where the population of the immigrants in the New York after the World War II has clock 49.5 percent (Lord, Stephen R., et al., 2005). The case has almost matched the one of the natives born in the same city. Within the period of the last five years, the population of the senior in the New York City has attained the three vital deadweights. The number of the older population of the immigrants in the city has passed the one million mark. The gross figure of the people forming the entire population in the city is carried largely by the senior group.

The city of the New York has become unique across the entire country in the sense of its growing population. It has been driven largely by the increased number of the immigrants' population since 1965. The population of the foreigner born in the city within 1980-2015 has increased by 1.6 million (Atchley, Robert, 1980). This marked the 95 percent population increase of the newly born foreigners in the city. 95 % of the total group of the older people within the city traces their origin from Europe. The percentage of the older population from Latin America is 46 percent. The one from Asia and Oceania marks an estimate of 23 percent.

The indicators show that the growth in the older population within the city of the New York has outpaced the one of the new born population. On that particular note, the number of the native-born has raised by six within the year 2010-2015, and that of the senior immigrant also improved by 6 percent within the same period. The area that saw the dramatic change within the last five years is Brooklyn. The signal shows that the figure that forms the senior immigrants has elevated by 30 percent whereas that of the native-born senior reduced by 4 percent.

The factor that has led New York to be the ideal place for the immigrants all over is the rich diversity of the senior population in the region. The rich diversity in the city has positive inference for the manner in which the senior services are delivered in the region (Hooyman, Nancy, 2008). The immigrant population senior hold 1.5 times likelihood of being poor as compared to the native born in the place. Also, the senior immigrants and their respective families hold the fewer chances of receiving the critical support like the newborn, senior natives. Furthermore, the non-profit organization that has ventured with their effort to support the immigrants senior are not funded well as compared to the one serving the general senior. The step has taken aback most of the projects within the same line in the city.

#### **Expectancy within New York City:**

In 2015, 49.5% of the senior group of the older people city of New York of 65 years and above was mostly foreigners, in the year 2010, it was at the mark of 46% and 38% in the year 2000.

The advance of the senior populace, immigrants, overtook the native-born senior in most of the region except at the Manhattan.

The largest increase of the senior immigrant population is based in the Staten Island where the population rose by 40 percent in the year 2010.

As per the prediction, by the year 2020, the bigger part of the group of the population within New York will be senior immigrants.

There 23 of the total 55 Census-defined places within the city where there are many of the senior immigrants have set their base.

There are some of the neighborhoods such as the Sunnyside and the Queens that have increased their percentage in the overall by 80%. This is the largest increase in the population in the city of New York.

The estimated number of the immigrants that are living in poverty are 50 percent of the native-born immigrants. This indicates that the poverty rates among the older adults have increased within the city.

The part of the seniors who trace their origin from Russia and Soviet segment marks the poverty rate of 42%, and this is the highest rate within the city.

The older adults from Mexico have almost doubled their population in the region and the bigger part of the older immigrants is not well conversant with English.

The matter of the increase diverse of the senior population in the city, the factor has led to some of the cut services in from the entire region of Washington. The incident has drained the city of the resources that are essential to mitigate the challenge. Some of the administration has chipped in to assist on the issue. This includes the de Blasio which has made its way up in funding the aging population in the city. The department of the Department for the Aging (DFTA) has set aside the funds to assist the services of the senior population within the city. The commitment of

the department has raised at \$330 million to dedicate on the matters of the services. The budget was allocated in the year 2017 (Quadagno, Jill, et al, 1999). The increase in the population recently has made the budget equal to the one of the year 2008. This is borne out of the boost of the senior population in the city by 9 percent. The increasing number of the older population in the town has called for the attention because of the need of the city on the matters of the linguistic and the cultural issue.

### **Falls Risk Factors**

The older people in the society thinks that there are permanent factors that contribute to the falls that are inevitable in the community. The older applies the strategies such as the exercise of the fall prevention in boosting their strength.

### **Pertinent information on the risk of falling for an elder**

Preventive Services Task Force of the United States have set in place the necessary means of that help in reducing the falls.

American Geriatrics Society and British Geriatrics Society (AGS/BGS) urges the regular screening of the adults with the age of 65 years and above.
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The process entails the details of asking whether the individual the times they have fallen in the previous years. The one who has fallen should regain their balance and the process of assessing gait carried out.
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Anyone which have fallen once without any signs of injuries and gait does not demand more assessment.
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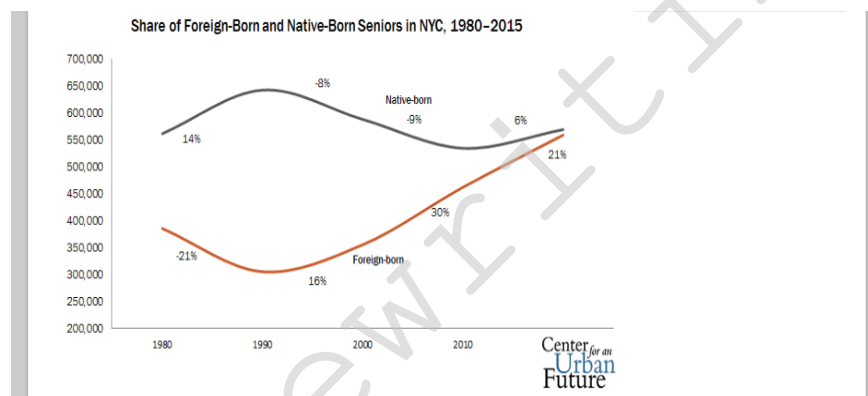


### **Immigrant on the Matter of the Aging Population of the New York City**

The bigger section of the populace in the city is the older generation, and it is then predicated to run steadily by 35%. This marks the increase the people within the city by the range of 12-15 percent. The immigrants currently in the city are running the population of the senior and driving all of its growth.

The predication has been made valid by the fact that within the year 2000 and 2010, the growth of the senior population in the city by marked by 30 percent increase while on the other side the population of the senior native-born decreased by 9 percent. The number of the foreign born over the age of 65 was 462,779 by the year 2010. The figure place the city of the New York as the one with the largest number of the senior population. If the trend continues as per the signs of the statistics, the city will be dominated by the older population in the year 2020.

Graph one



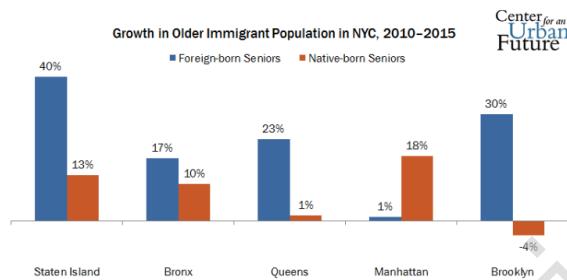
As per the graph, the immigrants run the city at the percentage of the 49.9 percent of the rest of the residents.

The senior population has then out-pasted the native-born in places such as the Manhattan. The largest gap was experienced at the Brooklyn. This is the region where the older segment of the population rose by 30%, and the one for the new native-born dropped by 4 percent

In the areas such as the Manhattan, the native-born senior segment of the population increased in the place by 18 percent, and on the other side, the one for the immigrant population followed the same suit by an increase in 1 percent.



Graph 2



### Graph Indication

From the year 2010, the population of the neighborhoods is dominated by the immigrants.

Williamsbridge/Baychester and Sheepshead Bay / Gravesend in Brooklyn (CD 15). This is the neighborhood that is defined by the Public Use Microdata Areas (PUMA) as it is defined by the U. S Census

On the other side, the number of the immigrants in the region that the native-born senior exceeded by the immigrant's seniors includes Queens. The immigrants have been termed as the one responsible for the growth of the senior population in the 13 places out of the 55 within the city



On the other part, University Heights / Fordham within the Bronx saw the second increment in the senior group by 55 percent and the 60 percent increase in the population of the immigrants.

The proportion of the population of the native-born marked the increment of the 37 percent.

The factor that has led to the increase in the group of the native-born senior population is the rise of the Puerto Rican seniors.

### **Inference from the Graph**

There is a decline in the demographic of the white population in the city of the New York. The reason why there are many cases of the black population in the city is that immigrants were the first people to settle in the most neighborhoods of the New York City. This is indicated as the native. The first sizeable group of the immigrants located in the New York was the whites from England. The percentage of the whites in the city was almost 80 percent. The number of the whites began to decline due to the demography. This includes the matters related to the deaths and immigration to the various neighborhoods of the New York City. The demographic component of the whites indicates that the women had the average of the 1.7 children as it relates to the Latinos women that run at an average of 2.2. This indicates that the nonwhites have the fewer fertility rates. As compared to the whites. Furthermore, there are the different in the whites and the minorities and also in the matters of the age structures.

On the part of the mortality rate, Latinas indicates that they have the lower mortality rate about the whites. The factor is termed as the epidemiological. The segment of the group with the highest mortality rate in the region is the American Indians. Due to the case of the older age structure, whites run the larger percentage of the death that occurs in the city. There is more case of the white deaths as compared to their births in most of the neighborhoods of the New York City.

### The future of the Whites in the City of the New York

There is a need for the planning to curb the disparity in the demographic differences in the city of the New York.
The birth rate of the Latinas as compared to one of the whites in the city has led to the steady decline in the population of the whites.
The demographic shift that is resulted in the New York City has made the whites think that they are losing their country due to their minority numbers.
The white supremacy has been the factor that has led to the racial inequality within the city of the New York.
The statistical indicators mark that the whites will soon become the minority in the coming decades within the city though they will continue to occupy the dominant places politically and economically.

Most of the people that form the gross population of the city are the older group with the age of over 65 years. The transformation to mitigate the challenge is underway in most of the places.

Their massive economic capitals and the power of politics that have amassed will be difficult to grind down. The factor that has led to the aging community within the city of the New York had channeled the life course to a different direction. This has been indicated by the prime age of the older population within the city. The case of the aging is based on the cohorts born within the first 20<sup>th</sup> century. There are so many aspects that translate to the remarkable dynamism of the events.

The aging population has created a perception that has led to the decline in the certain factors in the community. These changes mark the level at which the person feels about the demographic factors. Aging has been termed as the normal process which relates to time. Aging is classified as usual change which is time-related, and it begins from birth till death. These changes comprise of how people feel and operate in comparison with mental and physical competences (Ward, Russell, 1984). It is quite significant for people to have known so that they can expand their knowledge so that they can avert age-related complications, maltreatment, and discrimination of old seniors at every constituency. The perception which people have regarding old people is disturbing, and this can psychologically affect people who are approaching this age. The view of old people in the society which is pessimistic make people who are approaching this age misery. This despondency is directed at all people in the community. This essay will give an analysis of what contributes the thinking of the people toward the old group in the community, and the effects have on those who re-aging. It will also give suggestions how to change this negativity towards and promote positive thinking on aging (Brink, Terry, 2014). This will help people have a positive image of old people and promote cohesiveness in the society.

Healthy Steps for Older Adults (HSOA)	It is one of the excellent falls programs that are of age 50 and above. The program aims to raise the fall prevention for the targeted participant within the city of New York and made them aware of the right measure to put in place regarding the health to reduce that falls.
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The Otago Exercise Program (OEP)	It is another program meant for the exercise that delivers the Physical Therapist. The intention is to reduce the falls by the percentage of 35% and 405 of the senior adults. The program has been of much beneficial to the residents of the New York City.
Stay Active and Independent for Life (SAIL)	It is another program that targets the older people with the age of 65 and above (Hazzard, William, et al 2003). The purpose of the program is to subject the body of the older people to exercise and gives them the right fitness and balance of the body. The step of the Stay Active and Independent for Life will reduce the chances of the falling (Holstein, Martha, et al. 1999). The programs of the SAIL can also accommodate the people of the mobility difficulties.
Moving For Better Balance	It is an instructor-led program that runs for 12 weeks. The aim of the activities carried out throughout the process makes one gain flexibility and gain enough mobility and

	strength. This has assisted the older generation of the New York City in keeping themselves healthy throughout the life and reducing their stress.
NCOA's National Falls Prevention Resource Center	It is also another program developer that have applied the necessary measures in keeping fit the older generation through the activities defined by their programs.

The knowledge on the matters of the aging is naturally based on the cohorts of the born in the future. In the past, the issue of the aged people dominating the population in the entire places of the United States was allied with the economic hardship and the breakout of the epidemics. Much concern has been set in the same aside to address the threatening domination of the older generation in the city of the New York.

As it has been on the issue of the demographic trends; in the city of the New York, the cases pertaining the retirement has taken a different meaning. The matters regarding the full- time work are passed. There have been big changes in the cases of the retirement and the pace at which it occurs (Kart, Cary, et al. 2001). The dynamism in the current world has made the retirement uncertain for many of the residents. The minority group which is the African Americans are the one who is less disadvantage on the issues of the employment-based health.

Furthermore, as per the modern welfare state, it has played the major role in assuring the senior population on the protections. The basic one that is seen to be significant is the retirement security.

The population aging in the city of the New York has created long-term financial consequences on how the welfare will fund the matters that are of great important to the residents of the city.

As per the description in the increase in the number of the older seniors within New York City has been dramatic. The number of the elderly is one of the matters that can be projected with a lot of confidence. The growth of the population of the younger generation is less predictable as compared to the one of the older population.

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