

Strengths across Development

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### Strengths across Development

Growing up with an overly protective mom, she would yell at me at the slightest provocation. My dad was not present in the house most of the time so my mother, then, did two jobs to put food on the table. One day after she came back from work, late at night and tired, she gave me some grocery to take to the kitchen, unluckily, I broke the vase on the kitchen table. That night she lectured me, most of the time yelling and calling me names, that incident affected me for a long time. The event took place when I was seven years old and in grade two, the concrete operational stage of development (Ghazi & Ullah, 2016).

Main psychological development at this stage of development is the application of logic in solving issues (Ghazi & Ullah, 2016). For example, a child's thinking process matures up and becomes adult-like. Socially, at this stage, a child is expected to interact more with the outside world aside from the family members. A child is supposed to be active in school and make more friends to play with during free time. Finally, the biological alterations planned at this stage are the transformation in brain functions of a child as they become more cognizant of the external events and feelings as opposed to their own. My two main strengths during this stage were enthusiasm and creativity. Regardless of the yelling and shouting from my mother, I would still approach life with excitement and renewed energy whenever she calmed down and apologized. My creativity came into play when I had to do something to please my mother to forgive me of the wrong I did. As I grew older, these strengths I had at this stage of life changed since I got fond of my mother's drama and we became closer.

Reference

- Ghazi, S. R., & Ullah, K. (2016). Concrete Operational Stage of Piaget's Cognitive Development Theory: An Implication in Learning Mathematics. *Gomal University Journal of Research*, 32(1), 9-20.